

# Hadley Farms

## Nutrition Label

### 930 Whole Grain Hamburger Swirl Roll 2.0 oz

<b>Nutrition Facts</b>	Amount/serving	%DV*	Amount/serving	%DV*
Serv. Size 1 roll (57g) Serv. Per Cont. 168 <b>Calories</b> 170 Fat Cal. 35	<b>Total Fat</b> 4g	<b>6%</b>	<b>Total Carb.</b> 28g	<b>9%</b>
	Sat. Fat 0g	<b>0%</b>	Fiber 3g	<b>11%</b>
	Trans Fat 0g		Sugars 4g	
	<b>Cholest.</b> 0mg	<b>0%</b>	<b>Protein</b> 5g	
	<b>Sodium</b> 160mg	<b>7%</b>		
<small>*Percent Daily Values (DV) are based on a 2,000 calorie diet.</small>	Vitamin A 0%	• Vitamin C 0%	• Calcium 2%	• Iron 10%

**INGREDIENTS:**

Whole Grain White Wheat Flour, Enriched Wheat Flour (Unbleached Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Soybean Oil, Sugar, Malt Syrup (Extract of Corn, Malt), Dough Conditioner (Natural Wheat Sour, Cultured Wheat Starch, Mono & Diglycerides), Contains 2% or less of: Yeast and Baking Powder (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Corn Starch, Monocalcium Phosphate) for Leavening, Vital Wheat Gluten, Soy Flour, Egg Replacer (Whole Soy Flour, Wheat Gluten, Corn Syrup Solids, Algin), Crystalline Fructose, Malt Powder (Malted Barley, Dextrose), Soy Lecithin.

16.94 grams Whole Grain per Roll (51%)  
 16.28 grams Enriched Grain per Roll (49%)  
 2 OZ EQ per Roll

**Competitive Foods Data**

Percent Calories from Fat (<= 35%) 21.18%  
 Percent Calories from Sat Fat (< 10%) 0.00%  
 Percent Sugar by Weight (<= 35%) 7.02%

**ALLERGEN INFORMATION:**

CONTAINS: Soy, Wheat

2/13/2018