

Hadley Farms

Nutrition Label

914 Whole Grain Swirl Roll 1.6 oz

Nutrition Facts	Amount/serving	%DV*	Amount/serving	%DV*
Serv. Size 1 roll (45g) Serv. Per Cont. 84 Calories 130 Fat Cal. 30	Total Fat 3g	5%	Total Carb. 22g	7%
	Sat. Fat 0g	0%	Fiber 2g	9%
	<i>Trans</i> Fat 0g		Sugars 3g	
	Cholest. 0mg	0%	Protein 4g	
	Sodium 130mg	5%		
*Percent Daily Values (DV) are based on a 2,000 calorie diet.	Vitamin A 0%	• Vitamin C 0%	• Calcium 2%	• Iron 8%

INGREDIENTS:

Whole Grain White Wheat Flour, Enriched Wheat Flour (Unbleached Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Soybean Oil, Sugar, Malt Syrup (Extract of Corn, Malt), Dough Conditioner (Natural Wheat Sour, Cultured Wheat Starch, Mono & Diglycerides), Contains 2% or less of: Yeast and Baking Powder (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Corn Starch, Monocalcium Phosphate) for Leavening, Vital Wheat Gluten, Soy Flour, Egg Replacer (Whole Soy Flour, Wheat Gluten, Corn Syrup Solids, Algin), Crystalline Fructose, Malt Powder (Malted Barley, Dextrose), Soy Lecithin.

13.26 grams Whole Grain per Roll (51%)

12.74 grams Enriched Grain per Roll (49%)

1.5 OZ EQ per Roll

Competitive Foods Data

Percent Calories from Fat (<=35%) 20.77%

Percent Calories from Sat Fat (<=10%) 0.00%

Percent Sugar by Weight (<=35%) 6.66%

ALLERGEN INFORMATION:

CONTAINS: Soy, Wheat

2/12/2018