

Hadley Farms Nutrition Label

609IW Whole Grain Cinnamon Twist 1.55 oz

Nutrition Facts	Amount/serving	%DV*	Amount/serving	%DV*
Serv. Size 1 stick (44g) Serv. Per Cont. 90 Calories 170 Fat Cal. 60	Total Fat 7g	10%	Total Carb. 25g	8%
	Sat. Fat 2g	11%	Fiber 2g	7%
	<i>Trans</i> Fat 0g		Sugars 10g	
	Cholest. 5mg	2%	Protein 3g	
	Sodium 135mg	6%		
*Percent Daily Values (DV) are based on a 2,000 calorie diet.	Vitamin A 4%	• Vitamin C 0%	• Calcium 4%	• Iron 6%

INGREDIENTS:

Whole Grain White Wheat Flour, Enriched Wheat Flour (Unbleached Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Margarine (Palm Oil, Water, Soybean Oil, Sugar, Salt, Whey, Soybean Lecithin [Soy], Mono & Diglycerides, Potassium Sorbate and Citric Acid [Preservatives]), Natural and Artificial Butter Flavor, Colored with Beta Carotene, Vitamin A Palmitate added), Sugar, Soybean Oil, Contains less than 2% of: Non Fat Dry Milk Powder (Non Fat Dry Milk, Whey), Egg Replacer (Whole Soy Flour, Wheat Gluten, Corn Syrup Solids, Algin), Eggs, Crystalline Fructose, Cinnamon, Natural Orange and Cinnamon Emulsions (Natural Flavors, Propylene Glycol, Gum [Xanthan, Propylene Glycol Alginate, Guar]), Salt, Dough Conditioners (Vegetable Gums [Guar and /or Arabic], DATEM, Calcium Sulfate, Salt, Enzymes, Ascorbic Acid, L- Cysteine), Pastry Flour, Modified Food Starch, Calcium Propionate (preservative), Vanilla.

9.25g Whole Grain per Twist (51%)
 8.88g Enriched Grain per Twist (49%)
 1.0 OZ EQ per Twist

Competitive Foods Data

Percent Calories from Fat (<= 35%) 37.06%
 Percent Calories from Sat Fat (< 10%) 10.59%
 Percent Sugar by Weight (<=35%) 22.73%

ALLERGEN INFORMATION:

CONTAINS: Eggs, Milk, Soy, Wheat