

# Hadley Farms Nutrition Label

## 607IW Whole Grain Cinnamon Twists 3.1 oz (2 Pak)

<b>Nutrition Facts</b>		Amount/serving	%DV*	Amount/serving	%DV*
Serv. Size 2 sticks (88g)		<b>Total Fat</b> 13g	<b>20%</b>	<b>Total Carb.</b> 48g	<b>16%</b>
Serv. Per Cont. 45		Sat. Fat 4.5g	<b>23%</b>	Fiber 3g	<b>14%</b>
<b>Calories</b> 330		<i>Trans</i> Fat 0g		Sugars 20g	
Fat Cal. 120		<b>Cholest.</b> 10mg	<b>4%</b>	<b>Protein</b> 6g	
		<b>Sodium</b> 260mg	<b>11%</b>		
*Percent Daily Values (DV) are based on a 2,000 calorie diet.		Vitamin A 8%	• Vitamin C 2%	• Calcium 6%	• Iron 10%

**INGREDIENTS:**

Whole Grain White Wheat Flour, Enriched Wheat Flour (Unbleached Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Margarine (Palm Oil, Water, Soybean Oil, Sugar, Salt, Whey, Soybean Lecithin [Soy], Mono & Diglycerides, Potassium Sorbate and Citric Acid [Preservatives], Natural and Artificial Butter Flavor, Colored with Beta Carotene, Vitamin A Palmitate added), Sugar, Soybean Oil, Contains less than 2% of: Non Fat Dry Milk Powder (Non Fat Dry Milk, Whey), Egg Replacer (Whole Soy Flour, Wheat Gluten, Corn Syrup Solids, Algin), Eggs, Crystalline Fructose, Cinnamon, Natural Orange and Cinnamon Emulsions (Natural Flavors, Propylene Glycol, Gum [Xanthan, Propylene Glycol Alginate, Guar]), Salt, Dough Conditioners (Vegetable Gums [Guar and /or Arabic], DATEM, Calcium Sulfate, Salt, Enzymes, Ascorbic Acid, L- Cysteine), Pastry Flour, Modified Food Starch, Calcium Propionate (preservative), Vanilla.

18.14 grams Whole Grain per 2 Twists (51%)  
 17.43 grams Enriched Grain per 2 Twists (49%)  
 2.0 OZ EQ per 2 twists

**Competitive Foods Data**

Percent Calories from Fat (<= 35%) 35.45%  
 Percent Calories from Sat Fat (< 10%) 12.27%  
 Percent Sugar by Weight (<= 35%) 22.73%

**ALLERGEN INFORMATION:**

CONTAINS: Eggs, Milk, Soy, Wheat