

Hadley Farms Nutrition Label

165 Whole Grain TF Twisted Round Roll 2.2 oz

Nutrition Facts		Amount/serving	%DV*	Amount/serving	%DV*
Serv. Size 1 roll (62g)		Total Fat 8g	12%	Total Carb. 27g	9%
Serv. Per Cont. 168		Sat. Fat 3g	16%	Fiber 3g	10%
Calories 190		<i>Trans</i> Fat 0g		Sugars 3g	
Fat Cal. 70		Cholest. 0mg	0%	Protein 5g	
		Sodium 340mg	14%		
*Percent Daily Values (DV) are based on a 2,000 calorie diet.		Vitamin A 6%	• Vitamin C 0%	• Calcium 6%	• Iron 8%

INGREDIENTS:

Wheat Flour (Whole Grain White Wheat Flour, Enriched Wheat Flour [Unbleached Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid]), Water, Margarine (Palm Oil, Water, Soybean Oil, Sugar, Soybean Lecithin [Soy], Mono and Diglycerides, Artificial Butter Flavor, Beta Carotene [Color], Vitamin A Palmitate added), Sugar, Contains 2% or less of: Salt, Non Fat Dry Milk Powder (Non Fat Dry Milk, Whey), Yeast and Baking Powder (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Corn Starch, Monocalcium Phosphate) for Leavening, Dough Conditioner (DATEM, Calcium Sulfate, Soybean Oil, Enzyme, Ascorbic Acid, L-Cysteine), Vital Wheat Gluten, Eggs, Calcium Propionate, Potassium Sorbate and Citric Acid (Preservatives).

16.76 g Whole Grain per Roll (51%)

16.09 g Enriched Grain per Roll (49%)

2 OZ EQ per Roll

ALLERGY INFORMATION:

CONTAINS: Eggs, Milk, Soy, Wheat