

Hadley Farms Nutrition Label

157 Whole Grain TF Twisted Round Roll 2.2 oz

Nutrition Facts	Amount/serving	%DV*	Amount/serving	%DV*
Serv. Size 1 roll (62g) Serv. Per Cont. 84 Calories 190 Fat Cal. 70	Total Fat 8g	12%	Total Carb. 27g	9%
	Sat. Fat 3g	16%	Fiber 3g	10%
	<i>Trans</i> Fat 0g		Sugars 3g	
	Cholest. 0mg	0%	Protein 5g	
	Sodium 340mg	14%		
*Percent Daily Values (DV) are based on a 2,000 calorie diet.	Vitamin A 6%	• Vitamin C 0%	• Calcium 6%	• Iron 8%

INGREDIENTS:

Wheat Flour (Whole Grain White Wheat Flour, Enriched Wheat Flour [Unbleached Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid]), Water, Margarine (Palm Oil, Water, Soybean Oil, Sugar, Soybean Lecithin [Soy], Mono and Diglycerides, Artificial Butter Flavor, Beta Carotene [Color], Vitamin A Palmitate added), Sugar, Contains 2% or less of: Salt, Non Fat Dry Milk Powder (Non Fat Dry Milk, Whey), Yeast and Baking Powder (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Corn Starch, Monocalcium Phosphate) for Leavening, Dough Conditioner (DATEM, Calcium Sulfate, Soybean Oil, Enzyme, Ascorbic Acid, L-Cysteine), Vital Wheat Gluten, Eggs, Calcium Propionate, Potassium Sorbate and Citric Acid (Preservatives).

16.76 g Whole Grain per Roll (51%)
 16.09 g Enriched Grain per Roll (49%)
 2 OZ. EQ per Roll

ALLERGY INFORMATION:

CONTAINS: Eggs, Milk, Soy, Wheat