

Hadley Farms Nutrition Label

1440IW Whole Grain Guava Strawberry Flip 2.8 oz.

Nutrition Facts	Amount/serving	%DV*	Amount/serving	%DV*
Serv. Size 1 flip (79g) Serv. Per Cont. 180 Calories 220 Fat Cal. 60	Total Fat 7g	10%	Total Carb. 36g	12%
	Sat. Fat 1.5g	6%	Fiber 3g	12%
	Trans Fat 0g		Sugars 11g	
	Cholest. 0mg	0%	Protein 4g	
	Sodium 240mg	10%		
*Percent Daily Values (DV) are based on a 2,000 calorie diet.	Vitamin A 45%		Vitamin C 4%	
			Calcium 4%	
			Iron 8%	

INGREDIENTS:

Whole Grain White Wheat Flour, Enriched Wheat Flour (Unbleached Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Guava Strawberry Filling (Sugar, Water, Guava, Strawberries, Modified Food Starch, Citric Acid, Gellan Gum, Natural Flavor, Potassium Sorbate [Preservative], and Food Coloring [Concentrate of Fruits and Vegetables]), Soybean Oil, Crystalline Fructose, Dough Conditioners (Guar and/or Arabic Gums, DATEM, Calcium Sulfate, Soybean Oil, Enzymes, Ascorbic Acid, L-Cysteine, Sodium Stearoyl Lactylate [SSL]), Egg Replacer (Whole Soy Flour, Wheat Gluten, Corn Syrup Solids, Algin), Contains less than 2% of: Yeast (Leavening), Vital Wheat Gluten, Milk Powder Replacer (Soy Flour, Corn Flour), Salt, Natural Orange Flavoring, Soy Flour, Guar Gum, Malt Powder (Malted Barley, Dextrose), Calcium Propionate (Preservative), Soybean Lecithin, Vitamin A Palmitate added.

16.33 grams Whole Grain per Flip (51%)
 15.69 grams Enriched Grain per Flip (49%)
 2.0 OZ EQ per Flip

Competitive Foods Data

Percent Calories from Fat (<=35%) 28.64%
 Percent Calories from Sat Fat (<10%) 6.14%
 Percent Sugar by Weight (<=35%) 13.92%

ALLERGEN INFORMATION

CONTAINS: Soy, Wheat

1/10/2018