

Hadley Farms Nutrition Label

1050 Whole Grain Guava Strawberry Flip 1.5 oz.

Nutrition Facts	Amount/serving	%DV*	Amount/serving	%DV*
Serv. Size 1 flip (43g)				
Serv. Per Cont. 240				
Calories 120				
Fat Cal. 30				
	Total Fat 3.5g	6%	Total Carb. 19g	6%
	Sat. Fat 0.5g	3%	Fiber 2g	9%
	<i>Trans</i> Fat 0g		Sugars 6g	
	Cholest. 0mg	0%	Protein 3g	
	Sodium 130mg	5%		
*Percent Daily Values (DV) are based on a 2,000 calorie diet.	Vitamin A 25%	• Vitamin C 0%	• Calcium 2%	• Iron 4%

INGREDIENTS:

Whole Grain White Wheat Flour, Enriched Wheat Flour (Unbleached Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Guava Strawberry Filling (Sugar, Water, Guava, Strawberries, Modified Food Starch, Citric Acid, Gellan Gum, Natural Flavor, Potassium Sorbate [Preservative], and Food Coloring [Concentrate of Fruits and Vegetables]), Soybean Oil, Crystalline Fructose, Dough Conditioners (Guar and/or Arabic Gums, DATEM, Calcium Sulfate, Soybean Oil, Enzymes, Ascorbic Acid, L-Cysteine, Sodium Stearoyl Lactylate [SSL]), Egg Replacer (Whole Soy Flour, Wheat Gluten, Corn Syrup Solids, Algin), Contains less than 2% of: Yeast (Leavening), Vital Wheat Gluten, Milk Powder Replacer (Soy Flour, Corn Flour), Salt, Natural Orange Flavoring, Soy Flour, Guar Gum, Malt Powder (Malted Barley, Dextrose), Calcium Propionate (Preservative), Soybean Lecithin, Vitamin A Palmitate added.

8.60 grams Whole Grain per Flip (51%)
 8.26 grams Enriched Grain per Flip (49%)
 1.0 OZ EQ per Flip

Competitive Foods Data

Percent Calories from Fat (<=35%) 26.25%
 Percent Calories from Sat Fat (<10%) 3.75%
 Percent Sugar by Weight (<=35%) 13.95%

ALLERGEN INFORMATION:

CONTAINS: Soy, Wheat